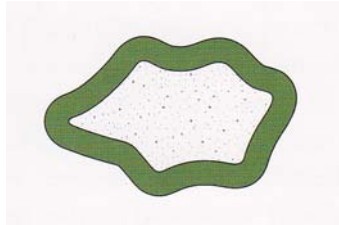


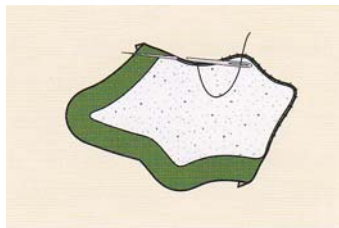
How to Appliqué

There are many ways to do appliqué. We prefer a method that uses freezer paper. The freezer paper template is pressed into the right side of the fabric and used as a guide for turning the seam allowances under as you stitch the appliqué shape in place. Every new technique takes a little time to get used to but we feel that once you have practiced this technique a few times, you will find it as easy as we do. Follow these simple instructions.

1. Use a fine line pencil to trace the appliqué templates onto the dull side of a piece of freezer paper.
2. Cut out each piece along the traced line. Do not leave any seam allowance around the appliqué pieces.
3. Place the freezer paper piece on the right side of the appropriate fabric, shiny side down. Leave approximately $\frac{1}{2}$ " between pieces. Press the pieces in place with a hot, dry iron.



4. Cut out each appliqué, leaving a $\frac{1}{4}$ " allowance around the piece.
5. Place the appliqué in the appropriate position on the background fabric. If needed, pin the appliqué in place, pinning through the middle of the piece so the edges are easier to reach and turn under.



6. Turn a portion of the seam allowance under until it is even with the edge of the freezer paper. Using thread that is close in color to the appliqué fabric, tie a knot at the end of the thread and secure it in the seam allowance. Taking stitches that are about $\frac{1}{8}$ " long, insert the needle into the background fabric underneath the appliqué piece. Come up through the background fabric, just catching the edge of the appliqué. Continue to repeat this process until your piece is completely stitched into place.
7. Remove the freezer paper.